In Praise of Scrapbooking:
Imagine if we did a scrapbook for every special event or day in our lives that included the people we interact with—family, friends, acquaintances, or even the average Joe on the street. A camera captures a smile, and it is preserved forever on a page that springs to life for generations yet to be born. Personalized scrapbooks are one-of-a-kind books that celebrate your life and some of the lives you touched, or touched yours, on some special day. Imagine what an amazing library of scrapbooks you could have! Let’s make an effort to ensure that our pages are full of everything that is good about life. See the divine spark in everything and everybody. Strive to make each day a page that you would be proud to put and keep in a scrapbook.
—Bobby Adams

“There was a man they called him mad. The more he gave, the more he had.” —John Bunyan
-- “The only wisdom I ever learned at school.” —Bobby Adams

“I came seeking friendship, instead I found love.” —Bobby Adams

HOPE is How One Perceives Everything;
A quality that’s truly rare;
to find Hope in the storm-tossed sea of life
Instead of just gloom and despair.

Hope is what I wish for you, my child;
And courage to follow your dream,
And laughter to help you overcome walls
No matter how high they seem.

I hope you take pride in who you’ve become
Have compassion for all of mankind;
Grow happiness from love planted deep
down within;
And cultivate true peace of mind.
—Susan Allenback, for daughter Heather on her graduation from High School

“It wasn’t until I started reading and found books they wouldn’t let us read in school that I discovered you could be insane and happy and have a good life without being like everybody else.” —John Waters
H.O.P.E. = Hold On, Pain Ends

“Too much sanity may be madness. And maddest of all, to see life as it and not as it should be.” —Miguel de Cervantes, Don Quixote

“Hope attracts chances.” —Toba Beta

“The best way to cheer yourself up is to cheer somebody else up.” —Mark Twain

“We must accept finite disappointment but never lose infinite hope.” —Dr. Martin Luther King, Jr.

“The last of human freedoms is to choose one’s attitude.” —Viktor E. Frankl

“We humans can tolerate suffering but we cannot tolerate meaninglessness.” —Archbishop Desmond Tutu

“Hope is the thing with feathers, That perches in the Soul...” —Emily Dickinson

“Will there really be a “Morning?,” Is there such a thing as Day...” —Emily Dickinson

“HOPE IS A WAKING DREAM” —Aristotle

“Enthusiasm For Life Defeats Existential Fear!” —Wayne Coyne

“Tomorrow is the most important thing in life. It comes to us at midnight very clean. It’s perfect when it arrives and puts itself in your hands. It hopes we’ve learned something from yesterday.” —John Wayne

“A leader is a dealer in hope.” —Napoleon Bonaparte

“Abandon all hope, Ye who enter here” —Dante, sign above the entry to hell (from Inferno)

“The men and women who have every reason to despair, but don’t, may have the most to teach us, not only about how to hold true to our beliefs, but about how such a life can bring about seemingly impossible social change.” —Paul Rogat Loeb from The Impossible Will Take a Little While: A Citizen’s Guide to Hope in a Time of Fear

“Most of the important things in the world have been accomplished by people who have kept trying when there seemed to be no hope at all.” —Dale Carnegie

“The word “hope” gets used a lot. But what exactly is hope? Hope is the acknowledgement that you are in a narrow space but you have had a glimpse, some flutter, of the possibility to transcend negative confinement and arrive at some more expansive, better, state of being. Hope is not simply wishful thinking, but rather a capacity to hold to the belief that change for the better can and will come, even when you can’t imagine what format that Dawn will take.” —Rebecca Alban Hoffberger